

## The Change Will Do You Good Maybe We Need to Change How We Do Spirituality?

2.2.2020

What did you believe as a child that you no longer believe?

Read the following verses: Jeremiah 31:31-33; Hebrews 8:6-7; 2 Corinthians 3:6; John 16:12-13; Matthew 5:21, 27, 31, 33, 38, 43.

How do these verses portray God's view of changing one's spirituality?

What words describe the old way of spirituality and the new way?

How did Jesus change the spirituality/religion of people?

Jesus said he wanted to say more but the disciples couldn't handle it ("You can't handle the truth!" - channeling <u>A Few Good Men</u>). What do Jesus' words tell us about the principle of growth and understanding?

I (Phillip) am changing my spirituality in these ways:

- 1. From a spirituality of fear and guilt to a spirituality of love. (1 John 4:17-18) What role has fear/guilt played in your spiritual journey?
- 2. From rule-based to love-based living.

What's the good-side and down-side of living by rules?

Read Romans 14:17. The people had specific rules about what to eat and drink.

What alternative does Paul give? Why do people gravitate toward rules instead of toward righteousness (justice), peace and joy?

3. From information-based to contemplation-based. In my world, the more Bible you knew the more spiritual you were.

How has the Bible been used to hurt people?

Why don't facts change how people think?

What does 2 Corinthians 3:18 tell us is the best path toward being transformed - to be like Christ?

4. From being exclusive to being inclusive.

What groups did Jesus include that religion had excluded?

How has your religion been exclusive?

How does seeing the truth of Eph. 1:23 that Christ "fills all in all" lead us to be more inclusive?

5. From going to heaven to bringing heaven here.

What does the Lord's prayer say about this?

What happens when people are more concerned about going to heaven that bringing heaven here?