

the  Venues
Go Deep
Conscious Contact
Hey! Wake Up!
Happy Easter
Step 12
4.12.2020

How did you celebrate Easter as a child? How are you celebrating Easter in the COVID-19 world?

Read Step 12 of AA: *"Having had a spiritual awakening as a result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."*

Read Ephesians 5:14 and Matthew 20:18-19.

Take note of the word "awake" in Ephesians and "raised" in Matthew - they are the same Greek word.

Hmmm. How is an "awakening" synonymous with a "resurrection"?

Read John 12:24 and Matthew 16:24-25. *Which metaphors that Jesus uses best connect with your understanding of spirituality?*

_____ *Planting a seed in the ground that dies and brings up a new flowering life.*

_____ *A death and burial of the false self and a raising of the new self.*

_____ *Waking up out of our spiritual slumber to who we really are in God.*

The "self" we have to lose is the "false self". The "self" we have to find is the "true self".

The "false self" is the self we develop out of our painful experiences of our past.

The "true self" is the self created in God, originally blessed, connected with God, with others, with the universe, created in love, for love, to love.

Phillip said defensiveness is his signal that he's living in the false self.

What is the signal that you are living in the false self?

What experiences in your past created a false self that is insecure, afraid, defensive, etc?

What does dying to that self look like to you?

Bill Wilson, speaking of Step 12 says, "Helping others is the foundation stone of your recovery."

How is serving others beneficial not just to others but to yourself - to your own spiritual development?

What will you do to see yourself and others through the eyes of Jesus?