

the  Venues
Go Deep
The Spirituality of the Beatles
I Want To Hold Your Hands
4.28.19

Whose hand did you first hold in a romantic kind of way?

Read Psalm 137

What is your initial reaction to the psalm?

When does this psalm take place?

What is the mood of the exiled musicians?

What do the exiles want to do their captors?

When is a time that you felt down and hopeless?

When is a time that you wanted to get back at the person or people who were the cause of feeling so down?

The citizens of the United States were devastated and down after the assassination of President Kennedy. Some historians link the sadness of that event with the rise of The Beatles. We needed The Beatles to “lift our spirits,” according to Walter Cronkite - Do you remember him?

What do you do to lift your spirits?

Matthew 4:23 tells us that Jesus “*went through Galilee...healing every disease and sickness among the people.*”

Read these verses about how Jesus healed: **Mark 8:22; Mark 5:23; Mark 7:32; Mark 10:13; Luke 4:40; Luke 13:13; Matthew 20:34; Matthew 8:3.**

Why do you think Jesus healed so many people through touching? Why not just say to them, “You’re healed”?

Experts in the field tell us that healthy touching has the benefits of:

- Decreased violence
- Developing a greater trust between individuals
- Increasing compassion
- Strengthening the immune system
- Breaking down barriers between people
- Increasing the “like” factor

Michelangelo said, “*To touch is to give life.*”

Mother Teresa said, “*There is more hunger for love and appreciation in this world than for bread.*”

How do we develop a healthy understanding and practice of touch in our culture?