

the  Venues
Go Deep
Peace in a Pandemic
5.17.2020

What are your three greatest fears?

Read Mark 4:35-41 and Matthew 8:23-27.

*Matthew uses the word "seismos" (earthquake world) to describe the storm they experienced.
How has COVID shaken you?*

One translation records that this storm "suddenly" arose.

What storms in life have suddenly hit you?

Jesus slept through the storm (How does he do that?). The disciples didn't like it. They asked him, "Teacher, don't you care that we're about to die? (Mark 4:38)?"

Do storms in your life sometimes lead you to question God's care for you?

Matthew records the disciples as saying to Jesus, "Save us now!" Fear often comes from a perceived loss of control. Hoarding is our response to a loss of control.

How many rolls of toilet paper did you hoard?

Jesus asked the disciples this question: "Why are you afraid?"

Is that to you: 1. A crazy question? 2. A good question. Jesus asked it. It has to be good.

There is a difference between feeling a fear and living in fear.

How do we keep a feeling of fear from becoming living in fear?

What actions do you find in the Serenity Prayer that could keep a "feeling" from leading to "living"?

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and wisdom to know the difference. Living one day at a time, enjoying one moment at a time, accepting hardship as a pathway to peace...