

the  Venues
Go Deep
Steep Your Soul
7.12.2020

What regrets do you have?

What would you like to be written on your headstone?

How do you want to be remembered?

I know. These are kind of depressing discussion questions...but, they fit the question Jesus asks in Matthew 16:26; Mark 8:36; Luke 9:25. Check it out.

The word "soul" is the Greek word "psyche." It means "animating spirit." It is the essence of life. It is the zest in zesty.

In what ways do people "gain the world" but lose the essence of life - the important things in life?

When Ray Romano decided to end the sitcom, "Everybody Loves Raymond," he explained his reason in these words to the studio audience: "15 years ago, I came out to Hollywood. My brother hugged me and put a note in my suitcase. And when I got here, I opened it and it just said this: 'What does it profit a man to gain the whole world but lose his own soul?' I've been very blessed and I feel like I've gained the world. But now it is time to work on my soul."

What does it mean to you to "work on your soul"?

Fr. Richard Rohr writes that the "soul is who you are in God and who God is in you."
Read 1 John 4:8 and 1 John 4:16.

Who is God?

Who is God in you?

Who are you in God?

What, then, is your soul?

How can you live daily awake to your soul?