

the  Venues
Go Deep
What Would Jesus Say About...
Me
8.25.19

What nickname were you called as a kid?

What did that nickname do to your sense of self-esteem?

Read Matthew 3:16-17

How does the voice from heaven refer to Jesus?

How would you feel if you heard a voice from heaven say this about you?

Read Matthew 4:1 and John 13:3-5.

What does Jesus' identity have to do with his experience in these two stories?

Washing feet in Jesus' day was only performed by Gentile slaves.

How do you explain Jesus' willingness to do this?

What does Jesus' sense of identity have to do with his willingness to do what was "beneath" everyone else to do?

Read 1 John 3:2

Who does this verse say we are?

Henri Nouwen, Catholic Priest, Author, wrote: *"Being the Beloved is the core truth of our existence."*

Why is knowing who we are so important?

What difference does this "Core" make in our lives?

Michelangelo's approach to sculpting was called "levare" meaning to "take away". He chipped away everything that did not look like the image he wanted to create.

What nicknames, or images of yourself, do not look like what God says about you and need to be chipped away?

Mario Andretti's top advice to young drivers is, "Don't look at the wall. Your car goes where your eyes go."

With that in mind, **read Hebrews 12:1-2.**

From Mario and the author of the letter to the Hebrews, write a plan to build and maintain a healthy self-esteem.